

## Sauces

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# Blue Mountain Barbeque Sauce

Winn-Dixie

**Servings: 6**

**1 cup ketchup**  
**3/4 cup coffee**  
**1/4 cup brown sugar**  
**1/4 cup cider vinegar**  
**2 tablespoons Worcestershire sauce**  
**2 tablespoons cooking oil**  
**1/2 teaspoon hot sauce**

In a medium non-aluminum sauce pan, combine ketchup, coffee, brown sugar, cider vinegar, Worcestershire sauce, oil and hot sauce.

Bring to a boil over medium-high heat.

Reduce the heat and simmer, stirring occasionally, for 8 to 10 minutes or until slightly thickened.

Cool.

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Per Serving (excluding unknown items): 111 Calories; 5g Fat (35.5% calories from fat); 1g Protein; 18g Carbohydrate; 1g Dietary Fiber; 0mg Cholesterol; 537mg Sodium. Exchanges: 0 Vegetable; 1 Fat; 1 Other Carbohydrates.