

Castroville Parisa

Virginia Suehs - Castroville, TX
Treasure Classics - National LP Gas Association - 1985

Yield: 20 to 30 servings

2 pounds lean ground beef
1 pound American cheese,
diced
1 medium onion, diced
salt (to taste)
coarse ground pepper (to
taste)

Preparation Time: 10 minutes

In a skillet, brown the ground beef and onion.
Drain and place in a bowl.

Add the diced cheese, salt and generous
pepper. Mix well.

Serve on crisp crackers.

Per Serving (excluding unknown items): 4143 Calories; 330g Fat (72.7% calories from fat); 262g Protein; 17g Carbohydrate; 2g Dietary Fiber; 1110mg Cholesterol; 7122mg Sodium. Exchanges: 37 1/2 Lean Meat; 1 1/2 Vegetable; 43 Fat.