
Chicken A La Mushroom

Arlene Sepulveda - New York

North American Potpourri - Autism Directory Service, Inc - 1993

Servings: 4

2 to 3 pounds chicken pieces

2 onions, sliced and cut in two

2 bay leaves

1 can cream of mushroom soup

1 soup can water

2 ounces butter

2 potatoes, cut into large cubes

Season the chicken. Place all the ingredients into a large cooking pot. Bring the mixture to a boil. Lower the heat to medium. Cook for 45 to 60 minutes.

Serve with white rice, mashed potatoes (omit the potatoes in the recipe), or on toast.

Chicken

Per Serving (excluding unknown items): 320 Calories; 22g Fat (61.7% calories from fat); 13g Protein; 18g Carbohydrate; 2g Dietary Fiber; 81mg Cholesterol; 421mg Sodium. Exchanges: 1 Grain(Starch); 1 1/2 Lean Meat; 1 Vegetable; 3 1/2 Fat.