One Pot Chicken Pot Pie Pasta (Slow Cooker)

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Servings: 6

1 1/2 pounds skinless/ boneless chicken breasts or thighs, cut into 1-1/2-inch pieces

1 carton (24 ounce) College Inn Savory Chicken Simple Starter sauce

4 cups carrots, sliced into 1/8-inch pieces 8 ounces (2 cups) uncooked rotini or penne pasta

1 1/2 cups frozen peas, not thawed

4 ounces cream cheese, cubed

Preparation Time: 20 minutes Slow Cooker: 7 hours 30 minutes

In a six-quart slow cooker, combine the chicken and sauce. Stir well. Cover.

Cook on LOW for seven hours or HIGH for three hours.

Stir in the carrots and pasta, submerging the pasta in the sauce. Cover.

Cook on HIGH for 30 minutes or until the pasta is tender.

Lightly stir in the peas and cream cheese. Cover.

Let stand for 5 minutes.

Stir well before serving.

Per Serving (excluding unknown items): 131 Calories; 7g Fat (45.8% calories from fat); 4g Protein; 14g Carbohydrate; 4g Dietary Fiber; 21mg Cholesterol; 126mg Sodium. Exchanges: 1/2 Grain(Starch); 0 Lean Meat; 1 1/2 Vegetable; 1 Fat.