

Sweet and Sour Chicken Wings

Linda Lenkowski

Favorite Recipes - Sacred Heart School - Easthampton, MA (1984)

*1 package dry onion soup
mix
1 jar (12 ounce) apricot
preserves
1 jar French salad dressing
2 packages chicken wings*

In a covered casserole dish, mix the soup mix, apricot preserves and French dressing. Mix well.

Add the chicken wings. Stir well to coat the chicken. Cover the dish.

Place in the refrigerator overnight.

Place the wings into a roasting pan.

Bake at 375 degrees for 45 minutes.

Per Serving (excluding unknown items): 1340 Calories; 118g Fat (77.7% calories from fat); 20g Protein; 57g Carbohydrate; trace Dietary Fiber; 108mg Cholesterol; 3505mg Sodium. Exchanges: 2 1/2 Lean Meat; 3 Fruit; 22 Fat; 1 Other Carbohydrates.