
Easy Sweet and Sour Chicken

Judy Phelps

St Therese de Lisieux Commemorative Cookbook - Wellington, FL - 2010

1 small bottle Russian dressing

1/2 jar apricot preserves

1 package dry onion soup mix

boneless chicken

Preheat the oven to 375 degrees.

In a bowl, mix together the dressing, preserves and soup mix.

Place the chicken in a greased pan.

Pour the sauce mixture over the chicken.

Bake for 45 minutes or until done.

Chicken

Per Serving (excluding unknown items): 24 Calories; trace Fat (0.7% calories from fat); trace Protein; 6g Carbohydrate; trace Dietary Fiber; 0mg Cholesterol; 4mg Sodium. Exchanges: 1/2 Other Carbohydrates.