Chicken Roll-Ups

Loretta Slattery St Therese de Lisieux Commemorative Cookbook - Wellington, FL - 2010

4 to 6 chicken cutlets 1 to 2 eggs, beaten Italian dressing seasoned breadcrumbs Provolone, Swiss or cheese of your choice, sliced butter, melted

Preheat the oven to 350 degrees.

Dip the cutlets in the egg mixture, then the dressing and then the breadcrumbs.

Place a small slice of cheese in the middle of a cutlet and roll up. Place in a baking dish, seam side down. Drizzle with a small amount of melted butter.

Bake in a 350 degree oven for 45 minutes.

Chicken

Per Serving (excluding unknown items): 74 Calories; 5g Fat (62.6% calories from fat); 6g Protein; trace Carbohydrate; 0g Dietary Fiber; 212mg Cholesterol; 70mg Sodium. Exchanges: 1 Lean Meat; 1/2 Fat.