

Baked Chicken Over Rice

Carol Lyons - Lawrenceville, GA
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Servings: 5

boneless chicken breasts
1/2 stick (+ more, if needed)
butter
1 can (10-3/4 ounce) cream
of chicken soup
1 can (10-3/4 ounce) cream
of mushroom soup
1 can (10-3/4 ounce) cream
of celery soup
3 1/8 cans water (one for
each soup)
2 cups Minute rice

Preparation Time: 15 minutes

Bake Time: 1 hour 15 minutes

Preheat the oven to 350 degrees.

Skin the chicken breasts. Cut in half if necessary.

In a bowl, melt the butter. Dip the chicken in the butter and place in a 13x9-inch casserole dish.

Pour in the chicken, mushroom and celery soups. Add 1/8 can of water for each soup. Mix well. Cover the dish.

Bake for 30 minutes.

Pour the Minute rice into the dish. Recover.

Bake for an additional 40 to 45 minutes.

Per Serving (excluding unknown items): 149 Calories; 14g Fat (81.2% calories from fat); 2g Protein; 5g Carbohydrate; trace Dietary Fiber; 30mg Cholesterol; 687mg Sodium. Exchanges: 0 Grain(Starch); 1/2 Vegetable; 2 1/2 Fat.