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# Potluck Chicken and Wild Rice

*Bonnie Welch and Deanna White*

*Kitchen Keepsakes - Castle Rock, CO - 1989*

**1 large package Uncle Ben's Instant Wild Rice**

**1 can cream of chicken soup**

**1 can cream of mushroom OR cream of celery soup**

**2 cups milk**

**3 pounds chicken, cut up**

In a roasting pan, combine the wild rice, soups and milk. Mix well with a spoon.

Nestle the pieces of chicken into the mixture.

Cover and bake for one hour and 15 minutes at 350 degrees. Check occasionally. Add more milk if the rice begins to get dry.

Yield: 4 to 6 servings

## **Chicken**

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*Per Serving (excluding unknown items): 2535 Calories; 177g Fat (64.2% calories from fat); 189g Protein; 33g Carbohydrate; trace Dietary Fiber; 971mg Cholesterol; 1911mg Sodium. Exchanges: 1/2 Grain(Starch); 24 Lean Meat; 2 Non-Fat Milk; 20 1/2 Fat.*