

Cheese Souffle II

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4 eggs, separated
1 can cheddar cheese soup

Preheat the oven to 350 degrees.

In a bowl, beat the egg yolks and soup until smooth.

In a bowl, beat the egg whites. Fold the egg whites into the yolk mixture.

Pour the egg yolk mixture into a casserole dish. Place the casserole dish into a larger dish half filled with water. Place the larger dish into the oven.

Bake for one hour.

Per Serving (excluding unknown items): 296 Calories; 20g Fat (62.6% calories from fat); 25g Protein; 2g Carbohydrate; 0g Dietary Fiber; 848mg Cholesterol; 280mg Sodium. Exchanges: 3 Lean Meat; 1 1/2 Fat.