

Toad in the Hole

*Ruth Lechleiter - Breckinridge, MN
Taste of Home Grandma's Favorites*

Servings: 1

*1 slice bread
1 teaspoon butter
1 large egg
salt (to taste)
pepper (to taste)*

Cut a three-inch hole in the middle of the bread.
Discard the cutout.

In a small skillet, melt the butter. Place the bread in the skillet.

Place the egg in the hole. Cook for about 2 minutes over medium heat until the bread is lightly browned. Turn and cook the other side until the egg yolk is almost set.

Season with salt and pepper.

Per Serving (excluding unknown items): 175 Calories; 10g Fat (50.8% calories from fat); 8g Protein; 13g Carbohydrate; 1g Dietary Fiber; 223mg Cholesterol; 244mg Sodium. Exchanges: 1 Grain(Starch); 1 Lean Meat; 1 1/2 Fat.