

Blueberry Muffins IX

Favorite Recipes - Sacred Heart School - Easthampton, MA (1984)

*1/2 cup sugar
3 eggs
1 stick margarine, melted
3 cups flour
3 teaspoons baking powder
1 teaspoon salt
3/4 cup buttermilk
1 teaspoon vanilla
2 cups blueberries*

In a bowl, blend the sugar and eggs.

In a bowl, mix together the margarine, flour, baking powder, salt, buttermilk, and vanilla. Mix into the sugar mixture.

Add the blueberries.

Pour the batter into greased and floured muffin cups.

Bake at 400 degrees for 25 to 30 minutes.

Per Serving (excluding unknown items): 3035 Calories; 112g Fat (33.3% calories from fat); 67g Protein; 439g Carbohydrate; 19g Dietary Fiber; 642mg Cholesterol; 3626mg Sodium. Exchanges: 19 Grain(Starch); 2 1/2 Lean Meat; 2 1/2 Fruit; 1/2 Non-Fat Milk; 19 1/2 Fat; 6 1/2 Other Carbohydrates.