

Grown-Up Patriotic Slush

Chef Kates - Aldi Test Kitchen
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1/2 cup blueberries
8 ounces strawberries,
sliced
1/4 cup granulated sugar
4 cups sangria, chilled
4 to 6 cups ice cubes
8 ounces frozen whipped
topping, thawed

In a medium bowl, combine the blueberries, strawberries and sugar. Let sit at room temperature for 15 to 30 minutes, stirring occasionally.

In a food processor, combine the sangria and ice cubes. Blend until the ice is well incorporated and the mixture has a slushy consistency.

To assemble: Pour the sangria mixture into serving glasses. Top each drink generously with whipped topping and the macerated berries.

Serve immediately.

Per Serving (excluding unknown items): 940 Calories; 1g Fat (1.3% calories from fat); 3g Protein; 160g Carbohydrate; 7g Dietary Fiber; 0mg Cholesterol; 120mg Sodium. Exchanges: 1 1/2 Fruit; 3 1/2 Other Carbohydrates.