
Aloha Punch

Start to Finish Time: 5 minutes

2 cups pineapple juice

1 cup strawberry juice

1 cup guava juice

1 cup pear nectar

1 cup orange carbonated beverage

paper parasols (for garnish)

In a large pitcher or bowl, stir together the pineapple juice, strawberry juice, guava juice, pear nectar and orange beverage.

Serve over crushed ice.

Garnish with a parasol, if desired.

Yield: 6 cups

Beverages

Per Serving (excluding unknown items): 516 Calories; 1g Fat (1.2% calories from fat); 3g Protein; 131g Carbohydrate; 11g Dietary Fiber; 0mg Cholesterol; 25mg Sodium. Exchanges: 8 1/2 Fruit.