

Virgin Peach Mimosas

Parade Magazine

Servings: 4

1 cup chilled orange juice
1 cup chilled peach nectar
1/2 liter lemon-lime soda
orange slices (for garnish)

In a pitcher, mix the orange juice, peach nectar and lemon-lime soda.

Pour into four wineglasses.

Top each glass with an orange slice.

Per Serving (excluding unknown items): 52 Calories; 0g Fat (0.0% calories from fat); 0g Protein; 13g Carbohydrate; 0g Dietary Fiber; 0mg Cholesterol; 14mg Sodium. Exchanges: 1 Other Carbohydrates.

Beverages

Per Serving Nutritional Analysis

Calories (kcal):	52	Vitamin B6 (mg):	0mg
% Calories from Fat:	0.0%	Vitamin B12 (mcg):	0mcg
% Calories from Carbohydrates:	100.0%	Thiamin B1 (mg):	0mg
% Calories from Protein:	0.0%	Riboflavin B2 (mg):	0mg
Total Fat (g):	0g	Folacin (mcg):	0mcg
Saturated Fat (g):	0g	Niacin (mg):	0mg
Monounsaturated Fat (g):	0g	Caffeine (mg):	0mg
Polyunsaturated Fat (g):	0g	Alcohol (kcal):	0
Cholesterol (mg):	0mg	% Refuse:	0.0%
Carbohydrate (g):	13g	Food Exchanges	
Dietary Fiber (g):	0g	Grain (Starch):	0
Protein (g):	0g	Lean Meat:	0
Sodium (mg):	14mg	Vegetable:	0
Potassium (mg):	1mg	Fruit:	0
Calcium (mg):	3mg	Non-Fat Milk:	0
Iron (mg):	trace	Fat:	0
Zinc (mg):	trace	Other Carbohydrates:	1
Vitamin C (mg):	0mg		

Vitamin A (i.u.): 0IU
Vitamin A (r.e.): 0RE

Nutrition Facts

Servings per Recipe: 4

Amount Per Serving

Calories 52 Calories from Fat: 0

% Daily Values*

Total Fat 0g	0%
Saturated Fat 0g	0%
Cholesterol 0mg	0%
Sodium 14mg	1%
Total Carbohydrates 13g	4%
Dietary Fiber 0g	0%
Protein 0g	

Vitamin A	0%
Vitamin C	0%
Calcium	0%
Iron	0%

* Percent Daily Values are based on a 2000 calorie diet.