Strawberry Proseco Floats

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Food Network Magazine - July/August 2020

Servings: 4

1 pint strawberries, quartered 1 tablespoon sugar 1 scoop vanilla ice cream chilled Proseco In a bowl, toss the strawberries and sugar. Let sit for 30 minutes.

Divide the strawberries among four wine glasses or champagne flutes.

Add one scoop of vanilla ice cream to each glass.

Fill with chilled Proseco.

Per Serving (excluding unknown items): 67 Calories; 2g Fat (26.0% calories from fat); 1g Protein; 12g Carbohydrate; 2g Dietary Fiber; 7mg Cholesterol; 14mg Sodium. Exchanges: 1/2 Fruit; 1/2 Fat; 1/2 Other Carbohydrates.