

Simple Syrup Honey

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2/3 cup honey
1/3 cup water

In a small saucepan, heat the honey and water until it just comes to a simmer.

Cool completely.

Per Serving (excluding unknown items): 680 Calories; 0g Fat (0.0% calories from fat); 1g Protein; 184g Carbohydrate; trace Dietary Fiber; 0mg Cholesterol; 11mg Sodium. Exchanges: 12 1/2 Other Carbohydrates.