Orange Blitz

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1 1/2 ounces vanilla vodka
1/2 ounce triple sec
1 ounce orange juice
1 ounce orange soda
1 ounce half-and-half
1/4 cup orange sherbet
twist of orange (for garnish)
(optional)

Fill a cocktail shaker with ice. Add the vodka, triple sec, orange juice, orange soda, half-and-half and orange sherbet.

Shake vigorously until the sherbet is blended. Strain into a chilled martini glass.

Garnish with an orange twist, if desired.

Per Serving (excluding unknown items): 138 Calories; 1g Fat (8.1% calories from fat); 1g Protein; 25g Carbohydrate; trace Dietary Fiber; 2mg Cholesterol; 26mg Sodium. Exchanges: 0 Fruit; 0 Fat; 1 Other Carbohydrates.