Lemon Verbena Gimlet Cocktails

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Servings: 4

Bruising, or partially crushing, the verbena helps draw out its essential oil. Vodka can be substituted for the gin, if preferred. If the drink is made ahead, stir in the club soda just before serving so the drink stays fizzy.

1 cup water
1/4 cup sugar
1/4 cup torn verbena leaves
3/4 cup dry gin
3/4 cup club soda, chilled
1/4 cup (2 limes) fresh lime juice
lemon verbena sprigs (optional)
lime slices (optional)

In a small saucepan, combine the water and sugar.

Rub the torn verbena in order to bruise it. Add the verbena to the pan.

Bring the sugar mixture to a boil, stirring gently as needed to dissolve the sugar evenly. Cook for 30 seconds.

Remove from the heat. Cool Completely.

Strain the mixture through a sieve over a bowl. Discard the solids.

Combine the sugar mixture, gin, club soda and lime juice.

Serve over ice.

Garnish with verbena sprigs and lime slices, if desired.

Yield: 4 1/2 cup

Per Serving (excluding unknown items): 53 Calories; trace Fat (0.2% calories from fat); trace Protein; 14g Carbohydrate; trace Dietary Fiber; 0mg Cholesterol; 11mg Sodium. Exchanges: 0 Fruit; 1 Other Carbohydrates.