Black Raspberry Lemonade

Chef Kates - Aldi Test Kitchen www.aldi.com

1/2 cup ice 1/4 cup fresh raspberries 2/3 cup fresh blackberries 1/2 lime, juiced 2 ounces light rum 1/2 cup lemonade In a cocktail shaker, add the ice, raspberries, blackberries and lime juice.

Muddle the berries against the ice. Add the rum and lemonade.

Shake until combined.

Pour into a glass.

Per Serving (excluding unknown items): 208 Calories; trace Fat (2.4% calories from fat); 1g Protein; 21g Carbohydrate; 2g Dietary Fiber; 0mg Cholesterol; 11mg Sodium. Exchanges: 1/2 Fruit; 1 Other Carbohydrates.