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# Beef Steak Casserole

*Mrs Elmer Bjorklund - Scottia, NE*

*Olde Family Favorites - Order of the Eastern Star -1965*

Servings: 6

**beef steak**

**flour**

**1 can onion soup OR 1 package dry onion soup**

Pound the steak. Cut into serving portions.

Flour ther steak on both sides. In a hot skillet with fat, brown the steak. Place the steak pieces into a casserole dish, alternating with the soup. Cover.

Bake, covered, at 325 degrees for 30 minutes.

The broth may be thickened for gravy or serve the meat with the broth.

**Beef**

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*Per Serving (excluding unknown items): 0 Calories; 0g Fat (0.0% calories from fat); 0g Protein; 0g Carbohydrate; 0g Dietary Fiber; 0mg Cholesterol; 0mg Sodium. Exchanges: .*