

Luscious Crabmeat Spread

Dottie Hays

Unitarian Universalist Fellowship of Vero Beach, FL 2000

*1 package (8 ounce) cream
cheese, softened
1 can crabmeat, picked
clean
lemon juice
cocktail sauce*

In a bowl, mix the crabmeat thoroughly with the cream cheese.

Sprinkle with lemon juice.

Place on a serving dish.

Top with cocktail sauce.

Serve with crackers.

Per Serving (excluding unknown items): 927 Calories; 82g Fat (79.4% calories from fat); 42g Protein; 6g Carbohydrate; 0g Dietary Fiber; 360mg Cholesterol; 1081mg Sodium. Exchanges: 6 Lean Meat; 15 Fat.