

# Zesty Hamburger Soup

Kelly Milan - Lake Jackson, TX  
Taste of Home Recipe Book 2015

**Servings: 10****Yield: 3 1/2 quarts**

*1 pound lean (90%) ground beef*  
*2 cups celery, sliced*  
*1 cup onion, chopped*  
*2 teaspoons garlic, minced*  
*4 cups water*  
*2 medium red potatoes, peeled and cubed*  
*2 cups frozen corn*  
*1 1/2 cups uncooked small shell pasta*  
*4 pickled jalapeno slices, chopped*  
*4 cups V8 juice*  
*2 cans (10 ounce ea) diced tomatoes with green chilies*  
*1 to 2 tablespoons sugar*

In a Dutch oven, cook the beef, celery and onion over medium heat until the meat is no longer pink. Add the garlic. Cook for 1 minute longer. Drain. Stir in the water, potatoes, corn, pasta and jalapeno.

Bring to a boil. Reduce the heat. Cover. Simmer for 10 to 15 minutes or until the pasta is tender.

Add the V8 juice, diced tomatoes and sugar. Cook and stir until heated through.



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Per Serving (excluding unknown items): 129 Calories; trace Fat (2.1% calories from fat); 2g Protein; 32g Carbohydrate; 2g Dietary Fiber; 0mg Cholesterol; 26mg Sodium. Exchanges: 1/2 Grain(Starch); 1/2 Vegetable; 1 1/2 Other Carbohydrates.