
Yummy Potato Soup

Joan Reinhold

Nettles Island Cooking in Paradise - 2014

1 package (16 ounce) frozen hash brown potatoes

60 ounces chicken broth

1 package (2 ounce) country gravy mix (You can use two packages for stronger flavor)

1/2 cup onion, chopped

1/2 cup carrots (optional), shredded

Cook the hashbrowns in a nonstick skillet with the onion for about 10 minutes.

In a bowl, combine the gravy mix with 1/2 cup of broth and mix well. Add this and all of the remaining broth to the pan. Add the carrots, if using. Simmer 20 to 30 minutes.

(If you use a second package of gravy mix, you may need additional broth to thin the soup a little.)

Soups, Chili, Stew

Per Serving (excluding unknown items): 302 Calories; 10g Fat (31.1% calories from fat); 35g Protein; 13g Carbohydrate; 1g Dietary Fiber; 0mg Cholesterol; 5412mg Sodium. Exchanges: 3 1/2 Lean Meat; 1 Vegetable.