

# Joyces Soup

Joyce Levi

Unitarian Universalist Fellowship of Vero Beach, FL 2000

*1 can condensed tomato  
soup  
2 cups light cream  
1 tablespoon lemon juice  
1/8 teaspoon tabasco sauce  
1/2 cup cottage cheese  
1 tablespoon scallions,  
thinly sliced  
parsley (for garnish)*

In a bowl, combine the soup and cream. Add the lemon juice, tabasco, cottage cheese and scallions. Mix well.

Chill in the refrigerator.

Serve with a sprinkling of parsley.

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Per Serving (excluding unknown items): 1216 Calories; 99g Fat (71.3% calories from fat); 33g Protein; 57g Carbohydrate; 1g Dietary Fiber; 327mg Cholesterol; 2043mg Sodium. Exchanges: 2 Grain(Starch); 2 Lean Meat; 0 Vegetable; 0 Fruit; 19 Fat; 1 1/2 Other Carbohydrates.