

# **Mushroom Corn Chowder**

Taste of Home One-Dish Meals

**Servings: 8**

**1 1/4 cups fresh carrots, sliced**  
**1 cup celery with leaves, chopped**  
**3/4 cup fresh mushrooms, sliced**  
**3 green onions, sliced**  
**1/4 cup butter, cubed**  
**1 can (10 3/4 oz) condensed cream of mushroom soup, undiluted**  
**1 1/3 cups whole milk**  
**1 1/2 cups frozen corn, thawed**  
**1/2 cup fully cooked ham, cubed**  
**1/2 teaspoon seasoned salt**  
**1/2 cup process cheese (Velveeta), cubed**

In a large saucepan, saute' the carrots, celery, mushrooms and onions in butter until tender.

Stir in the soup, milk, corn, ham and seasoned salt. Bring to a boil.

Reduce heat; stir in cheese. Cook and stir 3 to 5 minutes longer or until cheese is melted.

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Per Serving (excluding unknown items): 154 Calories; 10g Fat (57.3% calories from fat); 3g Protein; 14g Carbohydrate; 2g Dietary Fiber; 21mg Cholesterol; 481mg Sodium. Exchanges: 1/2 Grain(Starch); 0 Lean Meat; 1/2 Vegetable; 0 Non-Fat Milk; 2 Fat; 0 Other Carbohydrates.