

Tuna Casserole

Patti Stanley

Silverdale, WA. Chamber Of Commerce Favorite Recipes - 1991

3 cups uncooked noodles
1 cup tuna fish, drained
1 can cream of mushroom soup
1/2 cup milk
1/2 cup sour cream
1 package (10 ounce) frozen broccoli, thawed and drained
1 teaspoon salt
1/8 teaspoon pepper
1/8 teaspoon onion powder
grated cheese

Preheat the oven to 350 degrees.

Cook the noodles according to package directions.

In a bowl, mix the noodles, tuna, soup, milk, sour cream, broccoli, salt, pepper and onion powder.

Pour the mixture into a greased 9x13-inch baking dish. Sprinkle the grated cheese on top.

Bake for 30 minutes.

Per Serving (excluding unknown items): 452 Calories; 37g Fat (73.4% calories from fat); 10g Protein; 20g Carbohydrate; 1g Dietary Fiber; 70mg Cholesterol; 3285mg Sodium. Exchanges: 1/2 Grain(Starch); 0 Vegetable; 1 Non-Fat Milk; 7 1/2 Fat.