

# Tuna Alfredo

*allrecipes.com - February/March 2019*

*1 jar (15 ounce) Alfredo sauce  
3 tablespoons lemon juice  
1 tablespoon capers, drained  
2 cans (5 ounce ea) drained and flaked tuna  
cooked fettuccine (for serving)  
chopped parsley (for topping)*

In a saucepan, stir together the Alfredo sauce, lemon juice and capers.

Stir in the tuna. Cook over medium heat until heated through, 5 to 7 minutes.

Serve over cooked fettuccine. Top with chopped parsley.

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Per Serving (excluding unknown items): 132 Calories; 11g Fat (71.0% calories from fat); 3g Protein; 7g Carbohydrate; trace Dietary Fiber; 35mg Cholesterol; 408mg Sodium. Exchanges: 0 Grain(Starch); 1/2 Lean Meat; 1/2 Fruit; 2 Fat; 0 Other Carbohydrates.