

# Five-Can Casserole

*Helen Palecki*

*Favorite Recipes - Sacred Heart School - Easthampton, MA (1984)*

*1 can tuna  
1 can (14-3/4 ounce)  
chicken noodle soup  
1 can (14-3/4 ounce) cream  
of mushroom soup  
1 can chinese noodles  
1 small can evaporated milk*

In a casserole dish, mix all of the ingredients together.

Bake in the oven at 350 degrees for 30 minutes.

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Per Serving (excluding unknown items): 1279 Calories; 39g Fat (27.7% calories from fat); 63g Protein; 164g Carbohydrate; 2g Dietary Fiber; 148mg Cholesterol; 2485mg Sodium. Exchanges: 9 Grain(Starch); 5 1/2 Lean Meat; 2 Non-Fat Milk; 5 1/2 Fat.