Salmon Loaf IV

Canadian Mennonite Cookbook - 1974 D. W. Friesen & Sons Ltd.

2 eggs
1/2 teaspoon pepper
3/4 teaspoon salt
1 cup milk
6 soda biscuits, rolled into
fine crumbs
1 large can salmon, drained
sage (optional)

Preheat the oven to 350 degrees.

In a bowl, combine together the eggs, pepper, salt, milk, soda biscuits and salmon. Add some sage, if desired. Mix well.

Place the mixture into a greased loaf pan.

Bake for one hour.

(Makes a lovely cold meat dish.)

Per Serving (excluding unknown items): 399 Calories; 21g Fat (48.4% calories from fat); 38g Protein; 13g Carbohydrate; trace Dietary Fiber; 501mg Cholesterol; 1916mg Sodium. Exchanges: 0 Grain(Starch); 4 Lean Meat; 1 Non-Fat Milk; 2 1/2 Fat.