

Side Dishes

Zucchini & Tomato Saute'

Sandra Grimm - Port Orange, FL
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Servings: 4

Start to Finish Time: 15 minutes

3 medium zucchini, sliced

1 medium onion, sliced

2 tablespoons butter

2 medium tomatoes, cut into wedges

1 teaspoon garlic salt

1/8 teaspoon pepper

In a large skillet, saute' the zucchini and onion in butter until tender.

Add the tomatoes, garlic salt and pepper. .

Saute' for 1 to 2 minutes longer or until heated through

Per Serving (excluding unknown items): 96 Calories; 6g Fat (52.9% calories from fat); 3g Protein; 10g Carbohydrate; 3g Dietary Fiber; 16mg Cholesterol; 582mg Sodium. Exchanges: 0 Grain(Starch); 1 1/2 Vegetable; 1 Fat; 0 Other Carbohydrates.