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# Stir-Fried Zucchini

*Deborah Elliott - Ridge Spring, SC*

*Taste of Home Magazine - June-July 2021*

Servings: 8

Start to Finish Time: 10 minutes

**2 pounds sliced zucchini**

**2 cloves garlic, minced**

**1/4 cup olive oil**

**1 teaspoon salt**

**1/2 teaspoon Italian seasoning**

**1/4 teaspoon pepper**

In a large skillet, saute' the zucchini and garlic in oil until the zucchini is crisp-tender, about 5 minutes.

Sprinkle with the seasonings.

Serve immediately.

## Side Dishes

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*Per Serving (excluding unknown items): 77 Calories; 7g Fat (75.7% calories from fat); 1g Protein; 4g Carbohydrate; 1g Dietary Fiber; 0mg Cholesterol; 270mg Sodium. Exchanges: 0 Grain(Starch); 1/2 Vegetable; 1 1/2 Fat.*