

Tomato Chop Chop

Apple Pie and Sisterhood; Favorite Recipes From Tri Kappa

*3 cups tomatoes, chopped
1/2 cup celery, chopped
1/4 cup green pepper,
chopped
2 tablespoons onion,
chopped
3 tablespoons sugar
1/3 cup vinegar
2 tablespoons mustard
seed
2 teaspoons salt
1/2 teaspoon cinnamon
1/4 teaspoon cloves,
chopped*

Drain the chopped tomatoes.

In a bowl, combine the tomatoes, celery, green peppers and onion.

In a bowl, mix the sugar, vinegar, mustard seed, salt, cinnamon and cloves. Pour over the vegetables. Toss lightly. Cover.

Chill for a few hours.

Per Serving (excluding unknown items): 407 Calories; 9g Fat (17.0% calories from fat); 11g Protein; 83g Carbohydrate; 10g Dietary Fiber; 0mg Cholesterol; 4369mg Sodium. Exchanges: 1/2 Grain(Starch); 1/2 Lean Meat; 6 Vegetable; 1 Fat; 3 Other Carbohydrates.