Toasted Coconut-Pecan Sweet Potato Casserole

Casserole Recipes

Servings: 4

2 cans (15 oz) sweet potatoes in heavy syrup, drained 1/2 cup (1 stick) butter, softened 1 egg 1/4 cup packed light brown sugar 1/2 teaspoon vanilla 1/8 teaspoon salt 1/2 cup chopped pecans 1/4 cup flaked sweetened coconut 2 tablespoons golden raisins (optional))

Preheat oven to 325 degrees.

Combine potatoes, butter, egg, sugar, vanilla and salt in food processor or blender; puree'.

Coat 8-inch square baking dish with cooking spray. Spoon potato mixture into dish. Sprinkle evenly with pecans, coconut and raisins.

Bake 22 to 25 minutes or until coconut is lightly golden.

Per Serving (excluding unknown items): 273 Calories; 23g Fat (72.8% calories from fat); 3g Protein; 16g Carbohydrate; 1g Dietary Fiber; 84mg Cholesterol; 204mg Sodium. Exchanges: 0 Grain(Starch); 1/2 Lean Meat; 4 1/2 Fat; 1 Other Carbohydrates.