Baked Squash Casserole Texas

Thalia Bunnell - Houston, TX
Treasure Classics - National LP Gas Association - 1985

Servings: 12

25 to 30 large size squash, sliced
1 large white onion, chopped
2 cups grated cheddar cheese
2 eggs, beaten
1/2 cup bread crumbs

Preparation Time: 30 minutes

Bake Time: 1 hour

In a saucepan, cook the squash in water until tender. Drain. Cool and mash with a fork.

Add the onion, grated cheese and eggs.

Pour into a greased 2-1/2 quart casserole dish. Sprinkle the mixture with the bread crumbs.

Bake in a 350 degree oven for 60 minutes.

Per Serving (excluding unknown items): 191 Calories; 8g Fat (35.6% calories from fat); 11g Protein; 22g Carbohydrate; 8g Dietary Fiber; 55mg Cholesterol; 176mg Sodium. Exchanges: 0 Grain(Starch); 1 Lean Meat; 3 1/2 Vegetable; 1 Fat.