

Creamed Spinach Casserole

Sherry Allen

Local 1155 Women's Committee Cookbook, Alabama

*2 boxes frozen spinach,
thawed and water drained
1 carton (8 ounce) cream
cheese
1 egg, beaten
salt (to taste)
pepper (to taste)*

Preheat oven to 350 degrees.

In a skillet, place the spinach and stir until hot.
Add the cream cheese. Mix together well.

Stir in the egg, salt and pepper. Pour into a
greased (with butter) casserole dish.

Bake for one hour.

Per Serving (excluding unknown items): 959 Calories; 87g Fat (79.0% calories from fat); 33g Protein; 19g Carbohydrate; 9g Dietary Fiber; 467mg Cholesterol; 986mg Sodium. Exchanges: 3 1/2 Lean Meat; 3 Vegetable; 15 Fat.