

Rice Casserole III

Tess Visone

Culinary Creations and Wonders - St Lucie Council of Catholic Women - 2009

Servings: 8

*1 cup rice, uncooked
1 can beef consomme'
1/2 stick butter
1 can onion soup
1 large can mushrooms with
juice*

Preheat the oven to 350 degrees.

In a 13x9-inch casserole dish, combine the rice, consomme', butter, soup and mushrooms.

Bake, uncovered, for one hour.

Per Serving (excluding unknown items): 142 Calories; 6g Fat (38.8% calories from fat); 2g Protein; 20g Carbohydrate; trace Dietary Fiber; 16mg Cholesterol; 191mg Sodium. Exchanges: 1 Grain(Starch); 1/2 Vegetable; 1 Fat.