Five-Ingredient Buttered Crockpot Bacon Ranch Potatoes

Gwen
www.SlowCookerKitchen.com

Servings: 6

2 to 3 tablespoons butter, sliced into thin pats
1/2 cup beef broth or stock
1/2 pound bacon, fried or baked, then drained and crumbled
3 pounds baby Yukon potatoes
2 to 3 tablespoons ranch dressing mix

Preparation Time: 5 minutes
Slow Cooker: 8 hours

Lightly spray the crockpot insert with cooking spray.

Wash the potatoes. Place them in the slow cooker.

Pour the beef broth over the top. Sprinkle with the bacon pieces. Spread the ranch dressing mix over the top.

Cover and cook on LOW for six to eight hours or HIGH for three and one-half to four hours.

Per Serving (excluding unknown items): 489 Calories; 49g Fat (90.2% calories from fat); 12g Protein; trace Carbohydrate; 0g Dietary Fiber; 115mg Cholesterol; 916mg Sodium. Exchanges: 1 1/2 Lean Meat; 9 Fat.

Side Dishes, Slow Cooker

Per Serving Nutritional Analysis

Calories (kcal):	489	**Vitamin B6 (mg):**	.1mg
% Calories from Fat:	90.2%	**Vitamin B12 (mcg):**	.7mcg
% Calories from Carbohydrates:	0.2%	**Thiamin B1 (mg):**	.2mg
% Calories from Protein:	9.6%	**Riboflavin B2 (mg):**	.1mg
Total Fat (g):	49g	**Folacin (mcg):**	3mcg
Saturated Fat (g):	26g	**Niacin (mg):**	3mg
Monounsaturated Fat (g):	18g	**Caffeine (mg):**	0mg
		Alcohol (kcal):	0

Polyunsaturated Fat (g):	3g
Cholesterol (mg):	115mg
Carbohydrate (g):	trace
Dietary Fiber (g):	0g
Protein (g):	12g
Sodium (mg):	916mg
Potassium (mg):	194mg
Calcium (mg):	14mg
Iron (mg):	1mg
Zinc (mg):	1mg
Vitamin C (mg):	13mg
Vitamin A (i.u.):	1156IU
Vitamin A (r.e.):	286RE

% Refuse:	0.0%

Food Exchanges

Grain (Starch):	0
Lean Meat:	1 1/2
Vegetable:	0
Fruit:	0
Non-Fat Milk:	0
Fat:	9
Other Carbohydrates:	0

Nutrition Facts

Servings per Recipe: 6

Amount Per Serving

Calories 489	Calories from Fat: 441
	% Daily Values*
Total Fat 49g	76%
Saturated Fat 26g	128%
Cholesterol 115mg	38%
Sodium 916mg	38%
Total Carbohydrates trace	0%
Dietary Fiber 0g	0%
Protein 12g	
Vitamin A	23%
Vitamin C	21%
Calcium	1%
Iron	4%

** Percent Daily Values are based on a 2000 calorie diet.*