

Parmesan Potato Stacks

CommunityTable.com

Yield: 10 to 12 stacks

8 large (4 pounds) russet potatoes,
peeled and thinly sliced

1 cup Parmesan cheese, grated

1 1/2 teaspoons salt

pepper

1 1/2 cups heavy cream

3 green onions, sliced

Preheat the oven to 375 degrees.

Coat a twelve-cup muffin tin with cooking spray.

Alternate 20 to 24 potato slices and cheese in each cup, ending with cheese on top. Cut the potatoes to fit, if necessary.

Season with salt and pepper. Drizzle one to two tablespoons of heavy cream over each stack. Cover the pan with foil.

Bake for 20 minutes. Remove the foil and bake an additional 15 to 20 minutes.

Top with green onions.

Per Serving (excluding unknown items): 2084 Calories; 157g Fat (66.5% calories from fat); 54g Protein; 124g Carbohydrate; 11g Dietary Fiber; 552mg Cholesterol; 4864mg Sodium. Exchanges: 7 Grain(Starch); 4 1/2 Lean Meat; 1/2 Vegetable; 1 Non-Fat Milk; 28 Fat.

Side Dishes

Per Serving Nutritional Analysis

Calories (kcal):	2084	Vitamin B6 (mg):	1.6mg
% Calories from Fat:	66.5%	Vitamin B12 (mcg):	1.8mcg
% Calories from Carbohydrates:	23.4%	Thiamin B1 (mg):	.6mg
% Calories from Protein:	10.1%	Riboflavin B2 (mg):	.7mg
Total Fat (g):	157g	Folacin (mcg):	125mcg
Saturated Fat (g):	97g	Niacin (mg):	9mg
Monounsaturated Fat (g):	45g	Caffeine (mg):	0mg
Polyunsaturated Fat (g):	6g	Alcohol (kcal):	0
Cholesterol (mg):	552mg	% Refuse:	0 0%

Carbohydrate (g): 124g
 Dietary Fiber (g): 11g
 Protein (g): 54g
 Sodium (mg): 4864mg
 Potassium (mg): 3737mg
 Calcium (mg): 1426mg
 Iron (mg): 6mg
 Zinc (mg): 6mg
 Vitamin C (mg): 129mg
 Vitamin A (i.u.): 5982IU
 Vitamin A (r.e.): 1689 1/2RE

Food Exchanges

Grain (Starch): 7
 Lean Meat: 4 1/2
 Vegetable: 1/2
 Fruit: 0
 Non-Fat Milk: 1
 Fat: 28
 Other Carbohydrates: 0

Nutrition Facts

Amount Per Serving

Calories 2084 **Calories from Fat:** 1386

% Daily Values*

Total Fat 157g	241%
Saturated Fat 97g	487%
Cholesterol 552mg	184%
Sodium 4864mg	203%
Total Carbohydrates 124g	41%
Dietary Fiber 11g	43%
Protein 54g	
<hr/>	
Vitamin A	120%
Vitamin C	214%
Calcium	143%
Iron	33%

* Percent Daily Values are based on a 2000 calorie diet.