

Onion Shortcake

John Horsley

Silverdale, WA. Chamber Of Commerce Favorite Recipes - 1991

1 onion, chopped
1/4 cup margarine
1 1/2 cups corn muffin mix
1 egg
1/3 cup milk
1 cup creamed corn
1 cup sour cream
1/2 teaspoon dill weed
1 cup grated cheddar cheese
1/4 teaspoon salt

Preheat the oven to 400 degrees.

In a saucepan, saute' the onion in margarine.

In a bowl, combine the corn muffin mix, egg, milk, and corn. Pour into a greased 7x11-inch pan.

Add the sour cream, dill, salt and 1/2 of the cheese to the onion. Mix together. Spread the mixture over the batter in the pan. Sprinkle with the remaining cheese.

Bake for 25 minutes.

Per Serving (excluding unknown items): 2415 Calories; 161g Fat (58.9% calories from fat); 63g Protein; 190g Carbohydrate; 16g Dietary Fiber; 444mg Cholesterol; 4619mg Sodium. Exchanges: 3 Grain(Starch); 5 Lean Meat; 1 1/2 Vegetable; 1 Non-Fat Milk; 28 1/2 Fat; 8 Other Carbohydrates.