

**Grilled, Side Dishes**

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# **Grilled Romaine Hearts**

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**Servings: 12**

**Preparation Time: 10 minutes**

**3/4 cup olive oil**

**2/3 cup balsamic vinegar**

**6 romaine hearts, halved lengthwise with cores intact**

**salt and pepper (to taste)**

In a small bowl, whisk the oil and vinegar.

Generously brush over all of the surfaces of the romaine.

Grill the romaine, uncovered, over medium-high heat for 1 to 2 minutes or until slightly charred and wilted, turning once.

Salt and pepper to taste.

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Per Serving (excluding unknown items): 2 Calories; 0g Fat (0.0% calories from fat); 0g Protein; 1g Carbohydrate; 0g Dietary Fiber; 0mg Cholesterol; trace Sodium. Exchanges: 0 Fruit.