Green Beans Caesar

Bonnie Welch and Deanna White Kitchen Keepsakes - Castle Rock, CO - 1989

Servings: 6

1 1/2 pounds fresh green beans (or 2 one pound cans), heated through

2 tablespoons salad oil

1 tablespoon vinegar

1 tablespoon instant minced onion

1/4 teaspoon salt

1/8 teaspoon garlic powder

1/8 teaspoon pepper

2 tablespoons dry bread crumbs

2 tablespoons grated Parmesan cheese

1 tablespoon butter or margarine, melted

paprika (for garnish)

In a saucepan in one inch of salted water, place the fresh beans, cut into pieces. Cook, uncovered, until tender, about 10 minutes. Drain well.

Preheat the oven to 350 degrees.

In a bowl, toss the beans with oil, vinegar, onion, salt, garlic and pepper.

In a bowl, stir together the crumbs, Parmesan and butter. Sprinkle over the beans.

Garnish with paprika.

Bake, uncovered, for 15 to 20 minutes.

Side Dishes

Per Serving (excluding unknown items): 74 Calories; 7g Fat (84.5% calories from fat); 1g Protein; 2g Carbohydrate; trace Dietary Fiber; 6mg Cholesterol; 159mg Sodium. Exchanges: 0 Grain(Starch); 0 Lean Meat; 1 1/2 Fat; 0 Other Carbohydrates.