

Side Dishes

Slow Cooker Creamed Corn

McCormick Spices
Food Network Magazine

Servings: 10

Preparation Time: 20 minutes

Cook Time:

2 pounds frozen corn kernels
1 package (8 ounce) cream cheese, cubed
1 cup milk
1/4 cup (1/2 stick) butter
1 teaspoon garlic salt
1 teaspoon thyme leaves
1/2 teaspoon smoked paprika

Spray the inside of a slow cooker with non-stick cooking spray.

Place all of the ingredients in the slow cooker. Cover.

Cook for three hours on HIGH or until the desired consistency, stirring halfway through cooking. (The corn will thicken upon standing.)

Stir well before serving.

Per Serving (excluding unknown items): 197 Calories; 12g Fat (50.7% calories from fat); 5g Protein; 21g Carbohydrate; 2g Dietary Fiber; 35mg Cholesterol; 312mg Sodium. Exchanges: 1 1/2 Grain(Starch); 1/2 Lean Meat; 0 Non-Fat Milk; 2 Fat; 0 Other Carbohydrates.