

Side Dishes

Old Bay Cauliflower

Elizabeth Bramkamp - Big Harbor, WA

Taste of Home Magazine

1 package (16 ounce) frozen cauliflower
1 to 2 tablespoons butter, melted
1 to 2 teaspoons Old Bay seafood seasoning

Prepare the frozen cauliflower according to package directions. Drain.

Drizzle with the melted butter.

Sprinkle with the Old Bay seasoning.

Per Serving (excluding unknown items): 845 Calories; 92g Fat (95.5% calories from fat); 4g Protein; 6g Carbohydrate; 3g Dietary Fiber; 248mg Cholesterol; 1001mg Sodium. Exchanges: 1 1/2 Vegetable; 18 1/2 Fat.