Roasted Carrots

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2 pounds carrots, trimmed and peeled
3 tablespoons olive oil
1 teaspoon salt
1/4 teaspoon pepper

Preheat the oven to 450 degrees.

In a bowl, toss the carrots with the olive oil, salt and pepper.

Spread the carrots on a baking sheet.

Bake for 15 minutes.

Reduce the oven to 325 degrees.

Cook until the carrots are soft and browned.

Per Serving (excluding unknown items): 707 Calories; 42g Fat (51.0% calories from fat); 8g Protein; 82g Carbohydrate; 24g Dietary Fiber; 0mg Cholesterol; 2415mg Sodium. Exchanges: 0 Grain(Starch); 16 Vegetable; 8 Fat.