

Side Dish

Marmalade Candied Carrots

Taste of Home

Servings: 8

2/3 cup orange marmalade
3 tablespoons brown sugar
2 tablespoons butter
1/2 cup chopped pecans
1 teaspoon rum extract
2 pounds carrots, cooked

In a saucepan, combine marmalade, brown sugar and butter. Cook until reduced to 1/2 cup.

Stir in pecans and rum extract; mix well.

Pour over carrots and seve.

Per Serving (excluding unknown items): 197 Calories; 8g Fat (34.8% calories from fat); 2g Protein; 32g Carbohydrate; 5g Dietary Fiber; 8mg Cholesterol; 81mg Sodium. Exchanges: 0 Grain(Starch); 0 Lean Meat; 2 Vegetable; 1 1/2 Fat; 1 1/2 Other Carbohydrates.