

Carrot Casserole

Donna Brewer

Unitarian Universalist Fellowship of Vero Beach, FL 2000Jeanette Webber

*1 cup carrots, sliced and
steamed (but not done)
2/3 cup mayonnaise
1/2 cup onions, finely
chopped
1 cup sharp cheddar
cheese, shredded
1/4 teaspoon salt
1 teaspoon sugar
1/2 package corn dressing
mix
3/4 cup butter, melted*

Preheat the oven to 350 degrees.

In a bowl, mix the carrots, mayonnaise, onions, Cheddar, salt and sugar. Place the mixture in a buttered casserole dish.

Sprinkle the dressing as topping. Drizzle with the melted butter.

Bake for 30 minutes.

Per Serving (excluding unknown items): 2819 Calories; 299g Fat (91.9% calories from fat); 34g Protein; 26g Carbohydrate; 5g Dietary Fiber; 542mg Cholesterol; 3514mg Sodium. Exchanges: 4 Lean Meat; 4 Vegetable; 43 Fat; 1/2 Other Carbohydrates.