

## Side Dishes

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# Braised Red Cabbage

Publix Apron's Simple Meals

**Servings: 4**

**1 Granny Smith apple, rinsed**

**2 jars (16 oz) sweet & sour red cabbage, drained**

**1/2 cup pre-diced onions**

**1 tablespoon unsalted butter**

**1/2 teaspoon ground cinnamon**

Peel apple, if desired. Cut apple into quarters (remove core, seeds); cut into 1/4-inch pieces.

Combine all ingredients in microwave-safe bowl. Cover and microwave 3-5 minutes or until thoroughly heated. Stir and serve.

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Per Serving (excluding unknown items): 42 Calories; 3g Fat (60.2% calories from fat); trace Protein; 4g Carbohydrate; 1g Dietary Fiber; 8mg Cholesterol; 1mg Sodium. Exchanges: 0 Grain(Starch); 1/2 Fruit; 1/2 Fat.