

Side Dishes

Golden Corn and Broccoli

Campbell's Fabulous One-Dish Meals - p78

Servings: 8

Preparation Time: 10 hours

Cook Time: 15 hours

Can be changed to Tomato, Corn and Broccoli Bake by adding 1 tablespoon chopped fresh basil with soup in step four and 1 cup quartered cherry tomatoes before serving.

1 bunch (about 1.5 lb) fresh broccoli, cut up OR one 20 oz frozen broccoli cuts

1 cup water

1 can (10 3/4 oz) Campbell's condensed Golden Corn Soup

1/2 cup (2 oz) Cheddar cheese , shredded

1/4 cup milk

Generous dash of pepper

In 3-quart saucepan, combine broccoli and water. Over high heat, heat to boiling.

Reduce heat to low. Cover; cook 8 minutes or until broccoli is tender-crisp, stirring occasionally.

Drain in colander.

In same saucepan, combine soup, Cheddar cheese, milk and papper.

Return broccoli to saucepan.

Over medium heat, heat through, stirring occasionally.

Per Serving (excluding unknown items): 5 Calories; trace Fat (48.6% calories from fat); trace Protein; trace Carbohydrate; 0g Dietary Fiber; 1mg Cholesterol; 5mg Sodium. Exchanges: 0 Non-Fat Milk; 0 Fat.