

Side Dish

Broccoli-Stuffing Bake

Better Homes and Gardens All-Time Favorite Casseroles

Servings: 6

2 cups milk

1 cup sharp American cheese, shredded

4 eggs, beaten

3 cups herb -seasoned stuffing croutons

1 package (10 oz) frozen chopped broccoli, thawed

Preheat oven to 325 degrees.

In a saucepan, heat and stir together milk and cheese until blended; remove from heat.

In a mixing bowl, gradually stir hot mixture into eggs. Add stuffing croutons, broccoli and 1/4 teaspoon of salt; mix well. Place mixture into a greased 1 1/2-quart casserole.

Bake, uncovered, for 45 minutes.

Per Serving (excluding unknown items): 99 Calories; 6g Fat (55.4% calories from fat); 7g Protein; 4g Carbohydrate; trace Dietary Fiber; 152mg Cholesterol; 87mg Sodium. Exchanges: 1/2 Lean Meat; 0 Vegetable; 1/2 Non-Fat Milk; 1 Fat.